



NATIONAL DAY OF ACTION

to get **REAL FOOD** in schools • Labor Day, Sept. 7, 2009

A SLOW FOOD USA CAMPAIGN

Hawai`i Island Families and Friends:

Please join Slow Food Hawai`i at a “Time for Lunch” Eat-In!

Where: Waimea Elementary and Middle School Cafeteria
Waikoloa Elementary School Cafeteria

Check for more Hawai`i Island locations to come at www.slowfoodhawaii.org.

When: Labor Day, Monday, September 7, 2009, 11 a.m. to 1 p.m.

What: A free community potluck with your neighbors and children. Bring your favorite home-cooked dish; include a local ingredient if you can, but not required. Please also bring your own plates, cups, napkins and eating utensils. A delicious lemongrass iced tea will be served compliments of Mala`ai: The Culinary Garden of Waimea Middle School.

Why: Our Hawai`i Island Eat-Ins are part of the Slow Food USA National Day of Action when thousands of people across the country will share a meal to demonstrate our commitment to getting real food in school lunches. These public potlucks will draw attention to the Child Nutrition Act, due to be re-enacted this fall, and how it can be improved to get real food in schools.

The Time for Lunch campaign is asking Congress to give schools the resources to serve real food and to promote good health in children by:

1. Increasing school lunch reimbursements by \$1/child/day when reauthorizing the Child Nutrition Act this year.
2. Protecting against food that threatens children’s health and learning, including food from vending machines and other on-campus fast food.
3. Funding innovative farm-to-school programs and school gardens that teach healthy eating habits and an appreciation for fresh and nutritious foods.

With your help, September 7, 2009 will mark the day this country comes together to take the first steps towards a future where no child is denied his or her right to be healthy and where every child enjoys real food. Let’s make it happen!

Bring your `ohana, friends and their families!

Thanks to generous donations by Hawai`i Island farmers, we will have the makings for a farm fresh green salad. Children will learn to prepare a delicious salad dressing with a take-home recipe. Other children’s activities are planned and, as a special treat, Hawai`i Island’s very own Tropical Dreams has donated their premium ice cream to be served. Bring your Labor Day picnic to an Eat-In and join with others to send a message to Congress that we can build a strong foundation for children’s health and learning by serving delicious, nutritious food at school.

Call or email if you would like to help, donate or host an “Eat-In” for your school!
Contact Shelby Floyd, Slow Food Hawai`i Leader, at 885-1009 or slowfoodhawaii@gmail.com